

R. IN-FLIGHT REST

When time permits during a flight, provided all scheduled in-flight services are completed, passenger needs are met and all zones monitored, a Flight Attendant will be permitted to take in-flight rest in accordance with the following provisions:

1. Guidelines for Use of Passenger Seat(s) During In-Flight Rest.

Although in-flight rest periods will vary depending on the schedule flying time, a Flight Attendant will be permitted to take in-flight rest in a Flight Attendant or cockpit jumpseat, or if available, a passenger seat, aisle side, in the last row of Coach class provided that there are no passengers seated in the row.

a. The Company and the APFA agree to the following parameters on the use of a passenger seat(s) for in-flight rest when in-flight rest is available and appropriate. While taking in-flight rest in a passenger seat, a Flight Attendant should reflect a professional and appropriate image to the passengers. This includes, for example:

i. Occupying only one seats;

ii. Remaining awake;

iii. Refraining from enclosing seat(s) with blankets or similar items; and,

iv. Using discretion while engaging in personal activities in order to remain accessible to the passengers and available to perform Flight Attendant duties.

b. Flight Attendant rest will be coordinated by the Purser or the Lead Flight Attendant to ensure all cabins remain monitored.

c. If a Passenger is either assigned or requests to move to a designated crew rest seat, prior to takeoff, the passenger's request will be accommodated. If after takeoff, on flights of five (5) hours or more, a passenger who requests to move to a designated crew rest seat will be accommodated at the discretion of the Purser or Lead Flight Attendant.

d. It is understood that agents may not be requested to provide crew rest seats when these seats are otherwise available or needed for passengers.

2. Flights of Less Than Five (5) Hours Scheduled Flying Time

a. Crew Rest Time

The in-flight rest period shall not exceed fifteen (15) minutes and one Flight Attendant at a time will be permitted to take in-flight rest.

b. Facilities

A Flight Attendant will be permitted to take rest in a Flight Attendant or cockpit jumpseat or passenger seat, if available.

c. Activities

Flight Attendants may eat, drink or read during the designated in-flight rest period.